

## EXAMPLES OF QUESTIONS USED IN PARTICIPANT-LED REFLECTION

- 1. What progression do you think you made from the start to the end?**  
“Changed my attitude to drama and being pushed out of my comfort zone has made me more confident and improved my relationship with members of the group”  
“My progress I think was having zero confidence and now actually wanting to do more”
- 2. How are you finding rehearsals?**  
“I can find them distracting and it throws me when people do not turn up”  
“Rehearsals are very comprehensive and thorough, quite hard work”
- 3. What was the best thing you felt you did today?**  
“I felt the 2 circle improve was the best thing I did as it kept the conversations going”  
“Improvisation, working with new people”
- 4. What did you most enjoy about the session?**  
“It was fun and we enjoy the activities and what will happen”  
“Always liked the acting each time but really enjoyed the games today”
- 5. How do you feel now you’ve made a lot of new friends?**  
“It’s difficult working with people that I wouldn’t normally associate with”  
“Making new friends for me is not a problem but sharing the stage with a big group is frightening”
- 6. What was your personal achievement?**  
“Confidence and sense of achievement”  
“Overcoming my shyness and understanding of how others have personally benefitted”
- 7. What have you learnt?**  
“People putting ideas forward can create good stories”  
“I learnt a lot of things like how to create new roles in the play”
- 8. Are we working well in groups / are separate groups good?**  
“When we go into groups it gives each person [a chance] to put their points over and work together”  
“Yes we all get on so well and the way we all act together – it’s great”